THE KNOX SCHOOL'S RESIDENTIAL LIFE PROGRAM





EVERYTHING YOU NEED, ALL ON ONE CAMPUS



Knox students are just a quick walk (5 minutes or less) to all:

- From dorm to dining hall
- From class to the athletics fields
- From the science lab to the stage
- From the art studio to the weight room

There's no need for students to leave campus during the school week









3 Delicious & Nutritious daily meals provided by CulinArt



Chef Carl & The CulinArt Team know each student by name and dietary need

A DAY IN THE LIFE OF A KNOX STUDENT

| Before | Classes |
|---------------|---------|
|---------------|---------|

| Before Classes | | 12:40-1:50 p.m. | Fourth Period Classes |
|----------------------|---|-----------------|---|
| 7:00 a.m. | Rise & Shine | | (A or E Schedule) |
| 7:15 a.m. | Breakfast in Houghton Hall | 1:55-2:40 p.m. | Community Period: Clubs, Advisory, Class Meetings, Student Council Meetings |
| | | 3:00-5:00 p.m. | Sports Practices, Sports Games, Drama Rehearsal, Middle School Supervised Activities and Homework Help |
| 7:50 a.m. | Walk to First Period Class | | |
| The School Day | | After Classes | |
| 8:00-9:10 a.m. | First Period Classes (A or E Schedule) | 5:00-6:00 p.m. | Shower & Prepare for Dinner |
| 9:15-10:25 a.m. | -10:25 a m Second Period Classes | 6:00 p.m. | Dinner at Houghton Hall |
| | (A or E Schedule) | 7:00-9:00 p.m. | Supervised Study Time in Dorms |
| 10:30-11:40 a.m. | Third Period Classes (A or E Schedule) | 9:00-10:00 p.m. | Wind down from the day. Do laundry, prepare for the next day, free read or relax with friends in the dorm |
| 11:45 a.m 12:35 p.m. | Lunch Houghton Hall | | |
| | | 10:00 p.m. | Lights Out |