# THE KNOX SCHOOL'S RESIDENTIAL LIFE PROGRAM





## **EVERYTHING YOU NEED, ALL ON ONE CAMPUS**



Knox students are just a quick walk (5 minutes or less) to all:

- From dorm to dining hall
- From class to the athletics fields
- From the science lab to the stage
- From the art studio to the weight room

There's no need for students to leave campus during the school week









## 3 Delicious & Nutritious daily meals provided by CulinArt



#### Chef Carl & The CulinArt Team know each student by name and dietary need

### A DAY IN THE LIFE OF A KNOX STUDENT

<b>Before</b>	Classes
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Before Classes		12:40-1:50 p.m.	Fourth Period Classes
7:00 a.m.	Rise & Shine		(A or E Schedule)
7:15 a.m.	Breakfast in Houghton Hall	1:55-2:40 p.m.	Community Period: Clubs, Advisory, Class Meetings, Student Council Meetings
		3:00-5:00 p.m.	Sports Practices, Sports Games, Drama Rehearsal, Middle School Supervised Activities and Homework Help
7:50 a.m.	Walk to First Period Class		
The School Day		After Classes	
8:00-9:10 a.m.	First Period Classes (A or E Schedule)	5:00-6:00 p.m.	Shower & Prepare for Dinner
9:15-10:25 a.m.	-10:25 a m Second Period Classes	6:00 p.m.	Dinner at Houghton Hall
	(A or E Schedule)	7:00-9:00 p.m.	Supervised Study Time in Dorms
10:30-11:40 a.m.	Third Period Classes (A or E Schedule)	9:00-10:00 p.m.	Wind down from the day. Do laundry, prepare for the next day, free read or relax with friends in the dorm
11:45 a.m 12:35 p.m.	Lunch Houghton Hall		
		10:00 p.m.	Lights Out